

Department of Family Sciences

<http://fam-hes.ca.uky.edu/>

Edition V, Fall 2018

Fall is here!

Welcome to each and every one of you. I hope each of you finds yourself well underway with coursework. Fall is an exciting time with many goals in progress and opportunities to take hold of. Throughout this semester and school year I urge all of you to explore, connect, and flourish around you.

Best,
Emily Johnson, Family Sciences
Graduate Student, Couple and Family Therapy

Dates to Remember

First day of classes	August 22
Last day to ADD a class	August 28
Last day to drop without a W or change grading option	September 12
Midterm	October 15
Last day to drop with a W on your transcript	November 2
Finals Week	December 10-14
End of fall semester	December 14

**Welcome
PICNIC**
SEPTEMBER 5 • 4:30-6:00 P.M.

Faculty, staff & students
in the School of
Human Environmental Sciences

Dietetics and Human Nutrition
Family Sciences
Retailing and Tourism Management

are invited to attend.

ERIKSON HALL PATIO

College of Agriculture,
Food and Environment
School of Human Environmental Sciences

What's in this Issue?

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Study Abroad Student Spotlights



Where did you study abroad and why that site?

"We studied in the Nicoya Peninsula in Costa Rica. This particular spot is home to many of the oldest people in the world. It is considered a Blue Zone along with 4 other places – Sardinia, Italy; Icaria, Greece; Okinawa, Japan; and Loma Linda, California. We wanted to understand how these people are able to live to be well over one hundred years old and how more than 90% of the world cannot."

What did you do while in Costa Rica?

"We visited families and talked to many centenarians. They were happy to have visitors and open their home up to us. We also visited a couple hospitals and clinics to understand the healthcare differences in the community compared to our own community in America, but mostly Kentucky."

What was your most memorable study abroad experience?

"The most memorable experience was learning how to make tortillas. It is way harder than it looks! I also held a rooster and was able to experience the cleanest, most calming beach ever!"

How did studying abroad impact you as a Family Sciences student?

"As a Family Science student, I have learned yet another way of life and how, although different than mine, it is important to have family and the means to take care of that family. Many Costa Ricans where we visited (not the city) were poor, but were the happiest and most vibrant people. They showed us the inequalities in their system but did not let that get them down. I appreciated being able to solidify what I wanted to do with my Family Sciences degree by experiencing Costa Rica."

-Tyler Cole-Hobbs, Summer 2018



"I studied abroad in Kyoto, Japan and Seoul, South Korea. Doing study abroad has taught me more about families, especially elderly care.

Going to the nursing homes made me start thinking more about its application to Family Sciences."

-Kara Burns, Summer 2018



"I studied abroad at Maynooth University in Ireland. Studying abroad impacted me as a Family Sciences student because I was able to see and learn about different family systems in other countries"

-Reghan Anderson, Spring 2018

EDUCATION ABROAD



SWEDEN



Spring Semester (Travel May 5-12)

Sweden is highly ranked for having some of the highest rates of mental and physical well-being, life quality and overall health in addition to happiness and longevity. This course will meet on campus throughout the spring semester and then travel to Stockholm for one week in May to further explore the country's commitment to human rights, healthcare, public service and sustainability from the cradle to the grave.

Program Highlights:

- Learn about health and health care policy through the life span in Sweden
- Attend lectures by university researchers and professional leaders in health care
- Visit health care facilities in Sweden, including hospitals, schools, psychiatric units, therapy centers, long term care facilities and a funeral home
- Participate in sight-seeing and historical tours
- Free time to explore on your own

Cost Includes:

- Hotel
- Most meals
- Ground transportation
- Guided tours

Travel and Academic Credit

Register for FAM 475/HSE 595. Class will meet 9 times during the spring semester and travel will occur May 5 to May 12, 2019 (after graduation).

For More Information and to Apply:

- Visit international.uky.edu/ea
- Apply for Stockholm, Sweden Education Abroad 2019
- Apply for scholarships
- View cost breakdown
- Application deadline: November 30
- Deposit deadline: December 7

Questions:

For a copy of the itinerary or questions, contact Dr. Amy Kostelic (amy.kostelic@uky.edu); Tracey Werner-Wilson (tracey.werner-wilson@uky.edu); Dr. Hartley Feld (hartley.feld@uky.edu); or Dr. Gerry Gairola (gerry.gairola@uky.edu)



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↕ ↗ A Family Sciences Study Abroad Information Meeting will be held on Oct. 1st in 316 FB, 5pm-6pm ↖ ↘
FREE PIZZA included

Student Award Winners



Macy Randle won the Phyllis S. Howe Scholarship through Phi Upsilon Omicron.

The scholarship, one of the top-tier scholarships awarded each year by the national honor society, is based upon academic achievement, participation in Phi U, and professional goals.

Congratulations Macy!!



Danielle Chesney was nominated for the SOC 101 Best Undergraduate Paper. The essay covered the three attachment styles and how this influences our relationships in our adult life. The objective of this essay was to discuss how attachment styles are not just physiologically determined by the hidden workings of the brain, but that external factors related to trauma and social dynamic play an equal part in the developmental process of attachment.

Way to go Danielle!

FAM 499 Symposium Project

Students enrolled in the spring 2018 Family Sciences internship course proudly shared their hands on work experience through poster presentations. Each student was to create a symposium based off of a project completed with their internship site. This project acted as a great experience for the students to share their experience and practice giving a presentation. Some student work is displayed below:



Are you Taking FAM 499 Spring or Summer 2019?

If you are going to take FAM 499 internship course this coming Spring or Summer 2019, please attend **one** of these information sessions in Funkhouser 316!

There are 4 sessions available through the month of September.

Contact Pam McFarland with any questions! pamuel2@uky.edu (859) 257-2617.

September
6 @ 12:30-
1:15

September
24 @ 11:00-
11:45

September
18 @ 3:00-
3:45

September
26 @ 1:00-
1:45

Perfect your resume before the career fair!

**resume
roundup**

Wednesday, September 12
Ag Info Center 4:00 - 7:00 p.m.



Does your resume need to be revised? Come to the Ag Info center on September 12 for resume help! The resume round up will help you polish your resume to grab the attention of future employers. This is a very useful opportunity that will directly affect your professional career!



Join us for the CAFE Career Fair!

 University of
Kentucky

AGRICULTURE
Career Fair



Who: College of Agriculture, Food, and Environment
When: September 19, 2018 from 2:00-5:00PM
Where: Woodford Reserve Room at Kroger Field
Contact: Amanda Saha, amanda.saha@uky.edu with questions

If you are looking to jumpstart your career in Family or Social Sciences, join us for the Family and Social Science Career Fair. This career fair is a great opportunity to begin making connections, search for internships, and meet future employers! Take advantage of this opportunity!



Family and Social Science Career Fair

Wednesday, November 14
5:00 – 7:00 at the E. S. Good
Barn

INFORMATIONAL MEETING for

FAMILY ACTION COUNCIL

September 20th, 3:30 pm - 4:30 pm

Funkhouser 316

Guest Speaker from Lexington Visitor's Center

FREE PIZZA!

ALL UNDERGRADUATE & GRADUATE FAMILY SCIENCES STUDENTS ARE WELCOME!

Rsvp to Pamuel2@uky.edu by September 19th



ATTENTION RISING JUNIORS!!



Are you interested in starting graduate school early? Imagine completing your bachelors and Masters degrees in one continuous program! With the **University Scholars Program** this is possible! This program is geared towards highly gifted students who have a 3.50 GPA in their major field and a 3.20 GPA overall. Students must be in senior standing and have completed 90 credit hours to apply. This does include an opportunity for Family Sciences as well! Find the information on the graduate school website.
<http://gradschool.uky.edu/university-scholars-program>

Stay Connected with Family Sciences on Social Media



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<https://fam-hes.ca.uky.edu/>

