

Welcome CATS

Once again the spring semester has arrived and it is my hope that this newsletter finds you well. The current issue is dedicated towards academic dates, support services, internship and volunteer opportunities, and student resources. It is my hope for you all that this spring be the beginning and continuation of many great opportunities!

Best,

Melissa Pike, Family Sciences TA & Graduate Student

STUDENT SPOTLIGHT: Hannah Halbert

Recent graduate Hannah Halbert was able to complete her senior internship and capstone at Picadome Elementary School working for their Family Resource Center.

What was a major lesson learned during your internship?

While learning many things during my internship, one of the major lessons related to the importance of collaboration. I did my internship in the Family Resource Center but I also worked alongside many other faculty members at Picadome Elementary. There was always someone willing to help with projects, or to give me advice. I also worked with the community which required me to rely heavily on communication skills. For example, on Vehicle Day we had many people in a small space, so it was important that we all worked together and communicated so that the event went well.

What events did you assist with during your placement?

During my internship, I helped organize "College and Career Week" as well as "Vehicle Day." College and Career Week helped students understand the importance of staying in school as well as introducing them to various colleges. For College and Career Week I also recruited various University of Kentucky athletes to record videos for the students about staying in school. Vehicle Day was held on the Thursday of College and Career Week. This event consisted of various occupations that utilized large vehicles (fire fighters, mobile crime lab, Lexington police K-9 unit, and more). All students and staff could see, touch, and ask questions about the vehicle as well as the occupation they were affiliated with. My goal in organizing vehicle day was to promote career awareness for the students.

How did your internship help to prepare you for a career in Family Sciences?

My internship helped prepare me for a career in Family Sciences because I was able to work directly with students and parents. I could help remove non-academic barriers for students and help parents by providing clothes donations and referrals. This internship allowed to me to work, network, and connect directly with the community as well preparing me for many routes someone with a Family Sciences degree would follow.



DATES TO REMEMBER

January 31: Last Day to Withdraw
March 5: Midterms
March 12-17: Spring Break
April 30-May 4: Finals Week
May 4 and 6: Graduation

TAKE A BREAK WITH HES

2/13/18: 12:00-2:00
3/21/18: 11:30-1:30
4/18/18: 11:30-1:30

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FIRST STEPS

EDUCATION ABROAD STARTS HERE!



Before searching for programs, students planning to participate in an Education Abroad program should attend a First Steps Information Session in Bradley Hall, room 207 during the following times:

Monday	4:00 p.m.
Tuesday	4:00 p.m.
Wednesday	3:00 p.m.
Thursday	3:00 p.m.



FAM 499 INTERNSHIP INFORMATION SESSION

IF YOU PLAN ON TAKING FAM 499 IN THE SUMMER OR FALL 2018, PLAN TO ATTEND ONE OF THESE MEETINGS.

LOCATION: #316A FUNKHOUSER

Thursday, February 22, 1:00pm – 1:45pm

Thursday, March 1, 5:00pm – 5:45pm

Thursday, March 6, 3:30pm – 3:45pm

Thursday, March 20, 1:00pm – 1:45p

What are my reasons for wanting to intern?

What are my interests?

What are my work values?

What are my skills?

What are my career dreams?

What do I want to try to accomplish?

For questions, contact:

Pam McFarland
859-257-2617
pamuel2@uky.edu

Family Action Council

The Family Action Council (FAC) is a student-led organization for both graduate and undergraduate students in Family Sciences. The primary purpose of FAC is to encourage and support students in their development as professionals in Family Sciences.

The organization provides a balance of social and professional activities that include volunteer opportunities, guest speakers, career preparation activities, and participation in state and national conferences.

Participation is open to all Family Sciences majors.

Spring Semester meeting info:

January 31

February 26

April 2

#316AFB 4:00pm – 5:00pm

Academic Coaching Tips

Notetaking Strategies

1. Prepare materials before class or reading.
2. Be flexible!
3. Write questions in the margins when needed.
4. Answer questions prior to moving to new material.
5. Review notes within 24 hours.

Drop-in or make
your coaching
appointment today!

Reading Strategies

1. Review any guided notes or study questions prior to reading.
2. Sum up main points periodically.
3. Determine how reading relates to assignment or class.
4. Keep track of personal reactions and questions in margins.
5. Set reasonable, but firm time goals to complete readings.

Study smarter, not harder.
uky.edu/presentationu



Transformative Learning

Programs and Services



THE STUDY

UK's own one stop shop for all of your written, oral, and visual communication assignment needs. Visit either of our locations:

The Hub @ W. T. Young Library:
Monday, Tuesday, Thursday 9 a.m. - 9 p.m.
Wednesday 1 - 9 p.m.

eStudio (Ralph G. Anderson Bldg. Room 108):
Monday - Friday 9 a.m - 3 p.m.

****Online Tutoring (via Zoom):**
Visit uky.edu/presentationu

The Study offers free peer tutoring in 30+ math, science, and business-related UK Core subjects. Come get the best help on campus when it is convenient for you!

The Study @ Complex Commons:
Monday - Thursday 2 - 10 p.m.

The Study North @ Jewell Hall (formerly Champions Court I):
Monday - Thursday 2 - 10 p.m.
Sunday 4 - 10 p.m.

FREE PEER TUTORING
www.uky.edu/AE

**Please note that online appointments must be made by 11:00 p.m. the day prior to your preferred appointment time