

Summer greetings!

The fall semester is fast approaching and it is my hope that this newsletter finds you well. The current issue is dedicated towards upcoming events, information about a new major, and student resources.

Best,

Kirstie Otto, Family Sciences TA & CFT Student

*Congratulations to the following Family Sciences students who made the spring 2019 Dean's List!*

## FAMILY SCIENCES

Spring 2019 Dean's List

### Dates to Remember

**August 1**

End of Summer Session

**August 26**

First Day of Classes

**August 30**

Last Day to **ADD** a class

**September 2**

Labor Day

**September 13**

Last Day to **DROP** a class without a W

**September 17**

CAFÉ Career Fair

Rebecca Brown	Kendyl Edwards
Teigan Brown	Lindsay Ekberg
Evelyn Burks	Aviana Enoch
Madison Cahoon	Dylan Gentry
Bryana Crain	Leah Grant
Whitney Deaton	Madeline Hoagland
Allegra Deley	Kimberly Jimenez-Quintanilla
Natalie Dicello	Brittany Johnson
Sarah Drysdale	Sarah Lennon
Marilyn Dube	Madeline Maritato
Mallory McCarty	Makiah Terry
Victoria Meredith	Tory Thomas
Kylee Nuernberger	Mia Thompson
Morgan Racik	Kelsey Tinker
Macy Randle	Lauren Turner
Megan Reeves	Emily Turner
Kaitlyn Reynolds	Hope Vain
Megan Ricks	Nicole Watson
Kayla Shelburne	Nada Ziada
Suzanne Southerland	

 College of Agriculture,  
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*We are very proud of your hard work!*

What's In This Issue?

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## New Major!

### Department of Family Sciences

## Consumer Economics and Family Financial Counseling program coming this Fall



In the Fall 2019 semester, a new bachelor's degree program will be available in the College of Agriculture, Food and Environment. Housed in the Department of Family Sciences, students will be able to pursue an undergraduate degree in Consumer Economics and Family Financial Counseling.

**Q:** How do you see individuals and families benefiting from the undergraduate Consumer Economics and Family Financial Counseling program?

**A:** The Consumer Economics and Family Financial Counseling program will provide students with the knowledge and skills to make sound economic and financial decisions for themselves, as individuals, and for their families. The coursework in consumer economics, personal finance, and financial counseling will provide students with skills to, ultimately, improve overall economic well-being and financial security for themselves and others. Students will receive training that will allow them to pursue careers in local government agencies such as the housing authority; state agencies such as health and human services; and federal agencies such as the Social Security Administration. For students who choose to pursue the AFC® (Accredited Financial Counselor) certification option, careers are available as financial counselors in credit counseling agencies and non-profits and as

financial aid officers and debt counselors.

Additionally, program graduates will have a clear understanding of consumer issues and personal finance for their own use. This educational background will result in individuals capable of making healthy and informed family and personal financial decisions leading to financial independence for themselves and their families.

**Q:** Why do the people of Kentucky need this new program?

**A:** The impact of the Great Recession and the protracted period of economic growth that followed, highlights the need for individuals and families to have a base level of economic understanding, as well as financial literacy. Graduates of Consumer Economics and Family Financial Counseling programs are well-equipped to make their own financial decisions and excel in careers such as financial counseling and to design and deliver educational programs which combat financial illiteracy among individuals and families; especially during recessionary periods. Economic events, notably the Great Recession, have demonstrated a nationwide need for financial education and counseling. The Department of Family Sciences focuses on understanding and improving the lives of individuals and families. There are multiple factors influencing overall family well-being, one of which is economic/financial well-being and security. The new program in Consumer Economics and Family Financial Counseling strives to address the economic and financial needs of families, and the communities in which they live, through innovative teaching, research, and outreach.

**Q:** What are the career paths that the new major offers?

**A:** The Consumer Economics and Family Financial Counseling program will directly address consumer and financial issues that impact family economic well-being. Coursework, which will have the prefix designation of CEF, will focus on household consumption theories, the role of consumers in the economy, and the effect of economic policies on the financial well-being of individuals and families. The program will provide hands-on experiential learning



College of Agriculture,  
Food and Environment

*Department of Family Sciences*

through both internship and service learning opportunities. Additionally, students may select a series of guided courses and electives designed to prepare students with the financial skills and counseling training to serve as financial counselors; thereby preparing them to sit for the Accredited Financial Counselor (AFC®)



exam. At the end of the program, all students will be able to effectively evaluate financial decisions in order to become more productive, financially independent, and financially responsible consumers. Also, students will be able to assess and support the needs of consumers at the individual and family levels to address financial difficulties, make sound financial decisions, and work through complex financial situations.

**Q:** What are the primary objectives of the new program?

**A:** The objectives of this program are to respond to the Commonwealth's need for a Consumer Economics and Family Financial Counseling (CEF) program at the undergraduate level. An objective of the CEF program is to produce graduates who have the knowledge and skills to positively impact the economic and financial decision making of individuals and families. Program graduates are expected to pursue careers in local government agencies such as the housing authority; state agencies such as health and human services; and federal agencies such as the Social Security Administration. For students who choose to pursue the AFC® (Accredited Financial Counselor) certification, careers are available as financial counselors in credit counseling agencies and non-profits, student financial aid offices, debt counseling agencies, and related financial offices and agencies.

**Q:** Are faculty in place to deliver the CEF program and mentor the students?

**A:** Faculty in the Department of Family Sciences who will have academic responsibilities in the new program area are Drs. Heath, Hunter, Kim, and Ross. These faculty members have expertise in the application of economic theory and financial principles from the perspectives of households and consumers; including the use of best practices in personal finance to maximize the economic/financial well-being of individuals and family members in changing economic environments.

**Q:** How do you see the establishment of this new undergraduate degree program contributing to employment opportunities in Kentucky?

**A:** Prior to the establishment of this new degree program, an undergraduate program in Consumer Economics and Family Financial Counseling did not exist in the Commonwealth of Kentucky. A similar southern land-grant institution experienced a growth of 20 students/year following the implementation of their financial counseling certificate program – we anticipate the same growth trajectory for this degree program. Additionally, the U.S. Department of Labor website demonstrates that there is an above average rate of growth in careers related to Consumer Economics and Family Financial Counseling.

Consumer Economics and Family Financial Counseling (CEF) New Major Spotlight from  
The Ambassador

[https://issuu.com/aghesalumniassociation/docs/july\\_ambassador\\_newsletter\\_issuu\\_b000358507fd12?e=30477942/70790325](https://issuu.com/aghesalumniassociation/docs/july_ambassador_newsletter_issuu_b000358507fd12?e=30477942/70790325)

## Student Spotlight

### **Danielle Marie Chesney** **Family Sciences** **Minor: Community Leadership & Development**

**Graduation Year:** 2019

**Hometown:** Turlock, CA   **Activities:** Kentucky Refugee Ministries, Big Blue Family Care, The NEST.

**Q:** What led you to choose the College of Agriculture, Food and Environment?

**A:** The University of Kentucky has been a dream school of mine since I was a little girl. The College of Agriculture, Food and Environment specifically caught my interest because of the human environmental sciences program. The College has a strong reputation around the world for many of its programs. Through personal experiences, I discovered my passion for studying the scientific perspective of families. After visiting the College and meeting the faculty, I knew it would be a perfect fit, and I put my whole heart and effort there!

**Q:** What does the College mean to you/describe your best/overall experience?

**A:** Coming from a small, agricultural-based community in California, the College has really been a home away from home for me. The faculty have academically and personally challenged me, cultivated confidence and provided a learning environment in which all students have a chance to succeed. Additionally, the College provides a unique personal experience for students and I believe this is so important to have throughout college. Overall, the College faculty, staff and students have made an indelible impact on my life.

**Q:** How is the College preparing you for your future?

**A:** My academic advisor, Pamela McFarland has mentored and academically and personally guided me throughout my time here as a student, invariably preparing me for my future endeavors. The faculty really values our future by always making the effort to provide career guidance and opportunity for growth. The College provides career fairs throughout the year that allow students to network within their fields of interest and to gain a better understanding of job requirements. Family Sciences requires an internship class during senior year working at least 16 hours a week, which is a crucial experience because it enables students to learn and explore their field in a real-world setting. The college has truly made me feel at ease with my future plans.

**Q:** Where do you see yourself in 15 years?

**A:** I want to earn my master's degree in family sciences, to focus on research and to present unique perspectives on the subject. I see myself in a community, hospital or university setting, either assisting children and adults or conducting research within family sciences. I hope to give back to my community, and to support children and families in need.



**Q:** Why would you recommend the College to future students?

**A:** The College provides so many opportunities with the faculty's genuine desire to assist others in their passions. There is a huge variety of specializations where students can find what they love, and they will have support waiting for them in whatever they choose. I highly recommend the College of Agriculture, Food and Environment to future incoming students because of the unique and strong connections that are formed with the faculty and students during school and after graduation as well. Come join this experience that will last a lifetime! Go Wildcats!

To learn more about the Family Sciences Program, visit their website at:

[fam-hes.ca.uky.edu](http://fam-hes.ca.uky.edu)

Student Spotlight from The Ambassador

[https://issuu.com/aghesalumniassociation/docs/july\\_ambassador\\_newsletter\\_issuu\\_b000358507fd12?e=30477942/7079](https://issuu.com/aghesalumniassociation/docs/july_ambassador_newsletter_issuu_b000358507fd12?e=30477942/7079)

Join us for the CAFE Career Fair!



# AGRICULTURE Career Fair



**WHO:** College of Agriculture, Food, and Environment

**WHEN:** September 17, 2019 from 10:00AM-2:00PM

**WHERE:** UK Student Center Ballroom

**CONTACT:** Amanda Saha, [amanda.saha@uky.edu](mailto:amanda.saha@uky.edu) with questions

## FAMILY SCIENCES EDUCATION ABROAD • 12 DAYS OF TRAVEL



# GREECE

Spring  
2020 course  
+ travel

### Course description:

Ikaria, the Greek island, known as “the island where people forget to die,” is the focus on this tour. Ikaria is one of 5 “Blue Zones”, an aging hot spot where people live to be a healthy 100+ years old. The health and longevity of Ikarians is largely due to their lifestyle, which centers around having a reason to live, a focus on family, meaningful social connections, healthy diets, hard work, physical activity and spirituality. Using these lifestyle dimensions as a guide, participants will acquire unique insights regarding the

Ikarian lifestyle through various hands-on activities, tours, observation and dialogue with local residents, historians, and professionals who promote the island’s history, health and happy lifestyle. Participants will also enhance their multicultural experience through site visits of historical, cultural, and contemporary significance.

### Program highlights:

- Cross-disciplinary programming opportunities focused on food, culture, and lifestyle

- Diverse tour options to match professional interests and encourage exploration of new focus areas
- Personal and professional growth and development through increased understanding of personal cultural values and biases
- Networking and cross disciplinary opportunities
- Experience how lifestyle and location contribute to overall health, well-being and life quality (nature hikes, religious festivals, local honey and olive oil production, wine-making, family life)

### Program fees

#### TBA and will include:

- Hotel
- Ground transportation
- Most meals
- Guided tours

### Timeline:

Spring 2020 course with 12 days of travel abroad in May (graduating seniors can participate)

### For more info, contact:

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 College of Agriculture,  
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School of Human Environmental Sciences



Join us for  
Intercultural Awareness Day!



## 2019 Intercultural Awareness Day

Thriving in Your Multi-generational Community  
8 a.m.-2:30 p.m. Lunch included

Generational differences are valuable to our communities. Join your colleagues, peers and community members and learn how communications styles impact culture and how to integrate a multi-generational community through experiential learning opportunities.

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